

Chakra	Root	Spleen	Solar Plexus	Heart	Throat	Brow	Crown
<b>Location</b>	Coccyx Perineum	Lower Abdomen	Solar Plexus Stomach	Centre of Chest	Throat	Forehead	Top of Head
<b>Colour</b>	Red	Orange	Yellow	Green	Blue	Indigo	Violet
<b>Psychological Functions</b>	Survival, Vitality, Reality, Grounding, Security, Support, Stability, Sexuality, Individuality, Courage, Impulsiveness	Feelings, Emotions, Intimacy, Procreation, Polarity, Sensuality, Confidence, Sociability, Freedom, Movement	Personal Power, Will, Knowledge, Wit, Laughter, Mental Clarity, Humor, Optimism, Self-Control, Curiosity, Awareness	Relationships, Love, Acceptance, Self-Control, Compassion, Guilt, Forgiveness, Harmony, Peace, Renewal, Growth	Communication, Wisdom, Speech, Trust, Creative Expression, Planning, Spatial, Organization, Caution	Intuition, Invention, Psychic Abilities, Self-Realization, Perception, Release, Understanding, Memory, Fearlessness	Knowingness, Wisdom, Inspiration, Charisma, Awareness, Higher Self, Meditation, Self-Sacrificing, Visionary
<b>Emotions</b>	Passions	Emotions, Desires	Purpose, Sunshine	Balance, Love	Expansion, Healing	Imagination, Intuition	Bliss, Spirituality
<b>Glands</b>	Adrenals	Gonads	Pancreas	Thymus	Thyroid	Pituitary	Pineal
<b>Associated Body Parts</b>	Spine (Chi, Life Force) Legs, Feet, Bones, Teeth, Large Intestines, Prostate, Bladder, Blood, Circulation, Tailbone	Ovaries, Testes, Womb, Kidneys, Urinary Tract, Skin, Spleen, Gallbladder, Recharges Etheric Body/Aura	Digestion, Liver, Stomach, Diaphragm, Nervous System, Pancreas, Metabolism, Small Intestines	Lungs, Heart, Bronchia, Thymus Gland, Arms, Hands, Respiratory, Hypertension, Muscles	Throat, Vocal System, Mouth, Jaw, Parathyroid, Tongue, Neck, Shoulders, Lymphs (Perspiration), Atlas, Menstrual Cycle	Eyes, Nose, Ears, Sinuses, Cerebellum, Pineal, Forebrain, Autonomic Nervous System, Heals Etheric Body/Aura	Upper brain, Cerebral Cortex, Cerebrum, Pituitary, Central Nervous System, Hair Growth, Top of Head
<b>Physical Disfunction</b>	Anemia, Fatigue, Obesity, Anus, Rectum (hemorrhoids), Constipation, Colds, Body Temperature, Bladder Infection, Rebuilds Blood Cells & Haemoglobin, Sciatic, Numbness, Leukemia	Impotence, Frigidity, Ovaries, Uterine Problems, Candida, Eating Disorders, Drug Use, Depression, Alcoholism, Polarity Imbalances, Gout, Allergies, Asthma (Oxygen Deficiencies)	Ulcers, Diabetes, Hepatitis, Hypoglycemia, Blood Sugar Disorders, Constipation, Nervousness, Timidity, Addictions to Stimulants, Parasites & Worms, Toxicity, Jaundice, Poor Memory	High Blood Pressure, Passiveness, Lethargy, Asthma, Immune System, Breathing Difficulties, Pneumonia, Emphysema, Cell Growth, Muscle Tension, Heart Problems, Chest Pain	Thyroid, Flu, Fevers, Blisters, Infections, Herpes, Itching, Sores, Tonsillitis, Toothaches, OCD, Speech Disorders, TMJ, Hyperactivity, Melancholy, Hormonal Problems, Swelling, Hiccups, PMS, Mood Swings	Blindness, Vision, Headaches, Migraines, Earaches, Nightmares, Sleep Disorders, Fear, Manic Depression, Anxiety, Schizophrenia, Paranoia, Equilibrium Imbalances	Depression, Alienation, Mental Illness, Neuralgia, Confusion, Senility, Veins, Blood Vessels, Lymphatic System, Bacteria, Warts, Skin Rashes, Eczema