

Control Your Thoughts and Create Your Life

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You know that YOU are the creator of all that occurs in all of your life experience, right?

You create your physical life experience through your thoughts. Literally, every thought that you think gives birth to a creation. EVERY thought has creative power.

The subconscious accepts whatever you pretend is real and will use it to create your outer reality.

The thoughts that you think, regarding those things that you want, set into motion the creation, and eventual fulfillment of that which you want. And likewise, the thoughts that you think, regarding those things that you do not want, set into motion the creation, and eventual fulfillment of that which you do NOT want.

Creative visualization is the technique of using your imagination to create what you want in your life. There is nothing at all new, strange or unusual about creative visualization. You are already using it every day, every minute in fact. It is your natural power of imagination, the basic creative energy of the universe which you use constantly, whether or not you are aware of it.

Spend time thinking of what you want rather than what you don't want and test it. Be careful of this, my friends, because if you envision something quite casually and do it with conviction, even though you may not be sure you want it, it will manifest.

This is neither magic, nor false hope. It is the reality of the power of your subconscious mind. This is why it is so important to develop self-awareness to the depths of your ability so that no creation can come about in your life without your having made the choice.

The world of images is the source of power in your physical world. Imagining what you want is like creating a model before you build the real thing. The images direct the energy in your body.

You have designed your life yourself. You have created nothing in your outer reality that is a stranger to you. There is comfort to be had by looking at your "outer circumstances" and realize that this is a perfect reflection of what you truly believe as a soul.

With each breath, with each pulsation of energy, you send out this essence of yourself, which mingles with other essences and creates and re-creates your physical environment. Feel yourself centered within and sending out waves of your energy. See it radiate outward from your physical being and into the environment, where it becomes an extension of yourself.

Realize that the objects you perceive "out there" are the materialization of your thoughts, formed by YOUR energy into symbols of the inner you, your essence, your soul.

You are the creator of everything in your life. Nothing happens that you have not called to you. The inner desire of the wise and conscious soul is to externalize, to create a tangible manifestation of what it internally holds to be true and thereby experience that belief. It is through that experience that the transformation occurs.

Your life is not your master, it is your child. Every moment of your life is infinitely creative and the universe is endlessly bountiful. Just put forth a clear enough request and everything your heart desires must come to you.

Emotions help you create reality. When you believe in something, love, desire, and want it, you can create it more quickly. If there is anything you want to become aware of, focus upon it. Whatever you turn your attention to, you will create.

Life is really very simple. What we give out, we get back. You create creation with the thoughts that you think.

Beliefs generate thoughts and emotions, which create your inner experience and outer reality. If any area of your life is not working, one of your beliefs in that area needs to be changed.

You CAN control your thoughts and create with deliberate intent.

Go get it!